



7 DAYS PRAYER GUIDE

7 Days is a great way to kickstart a habit of daily prayer in 2024. How do we make prayer a part of our everyday life? We can learn from three things that Jesus did.

Mark 1:35 NIV Very early in the morning, while it was still dark, Jesus got up, left the house, and went off to a solitary place, where he prayed.

TIME

Jesus got up very early in the morning to spend time with His Heavenly Father. For prayer to become a consistent habit in our lives, we should do the same. Make a daily appointment with God and keep it.

PLACE

Jesus had a prayer place. Your prayer place should be an environment where you can pray out loud. Consider having some worship music playing in the background. Silence your phone and remove distractions.

PLAN

Go into your prayer time with a plan. For example, when Jesus taught His disciples how to pray, He gave His disciples a prayer outline. We call it the Lord's Prayer and it's a great place to start every time you pray. This guide will teach you to pray the Lord's Prayer as well as give you an outline for prayer each day of this week.

THE LORD'S PRAYER

Jesus provided this model as an outline to teach us how to pray in a way that connects us to God and empowers us to accomplish great things through Him. This model takes us through each part of The Lord's Prayer, showing us how to pray the way Jesus instructed. This guided prayer is a great way to start your daily prayer time.

Luke 11:1 NIV One day Jesus was praying in a certain place. When He finished, one of His disciples said to Him, "Lord, teach us to pray..."

Matthew 6:9–13 NKJV Our Father in Heaven, hallowed be Your Name. Your Kingdom come. Your will be done on earth as it is in Heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And do not lead us into temptation, but deliver us from the evil one. For Yours is the Kingdom and the power and the glory forever. Amen.

"Our Father in Heaven"

CONNECT WITH GOD RELATIONALLY

God isn't interested in us practicing religion—instead, He desires a relationship with us. God has adopted us as His children and loves for us to call Him our Father.

Romans 8:15 NLT You have not received a spirit that makes you fearful slaves. Instead, you received God's Spirit when He adopted you as His own children. Now we call Him, "Abba, Father."

Proclaim your intimate relationship with God, addressing Him lovingly as your Father and thanking Him that you are His child.

PRAYER:

Father, I come to you in prayer today thankful that I am your child. I know I am a sinner, but you have forgiven me and adopted me as your own, and I am so grateful to call you my Father. Thank you for loving me. I love you.

"Hallowed Be Your Name"

WORSHIP HIS NAME

God loves when we worship Him, and there is power in His Name. Here is a list of some of His names to help us worship Him specifically and personally:

God is Righteousness – He makes me clean
God is Sanctifier – He has called me and set me apart
God is Healer – He heals all my diseases
God is Banner of Victory – He defeated my enemy
God is Shepherd – He speaks to me and leads me
God is Peace – He is my peace in every storm
God is Provider – He supplies all of my needs

Proverbs 18:10 ESV The name of the Lord is a strong tower; the righteous man runs into it and is safe.

Speak God's names out loud. When we proclaim who He is, we not only worship Him, but we also remind ourselves how powerful and great our God is.

PRAYER:

God, I am in awe of you. Your name is a strong tower, a place of protection, and safety for me. I praise you as my Healer, my Shepherd, and my Banner of Victory. You are my Peace, my Provider, my Righteousness, and my Sanctifier. Your name is great, and I worship you!

“Your Kingdom come. Your will be done on earth as it is in Heaven”

PRAY HIS AGENDA FIRST

Part of being a child of God is caring about what He cares about. We know His will is perfect, and we acknowledge His wisdom and sovereignty when we pray His agenda first.

Luke 12:31 NLT Seek the Kingdom of God above all else and He will give you everything you need.

Spend time focusing on what God is focused on. His priorities include:

- Saving the lost
- Wisdom and guidance for those in authority: parental, spiritual, governmental and work-related
- Accomplishing His purpose in our lives

PRAYER:

God, I recognize there is no better plan on earth than yours, and I pray for your will to be done in my life (name the areas of your life where you need more of God's presence today) and in our world. This world is lost and needs you desperately, and I pray for salvation for those who do not know you. I pray for the leaders in my life (pray specifically over parents, spiritual leaders, government leaders, employers, and any other leaders in your life), that you would give them supernatural wisdom and discernment as they lead. Give them a revelation of your will and your purpose for them. And I give my life to you again today. Have your way in my life! Anything you want to do in me or through me, I will do. I ask today for wisdom and clarity as you show me my next steps. Amen.

“Give us this day our daily bread”

DEPEND ON HIM FOR EVERYTHING

God promises to supply all our needs, and He wants us to come to Him with our problems, needs, and desires and to trust Him to provide.

Psalm 121:1–2 NLT I look up to the mountains—does my help come from there? My help comes from the Lord, who made heaven and earth!

Ask God for what you need today. It may help to write down the concerns weighing on your mind or the desires of your heart. You can bring them to God, and trust Him enough to hand them over to Him fully.

PRAYER:

Father, I acknowledge that everything I need today will come from you. You made the heavens and the earth. You are more than capable of handling any situation I'm dealing with, so I give it to you completely (specifically talk to God about what is on your mind and heart right now and give it to him). I look to you to help me, sustain me, and give me your peace. Remind me of your hope and power today. Thank you in advance for taking care of my needs. Amen.

“Forgive us our debts, as we forgive our debtors”

FORGIVE AND BE FORGIVEN

God has offered us complete forgiveness, and we can receive it at any time. When we turn away from our sins and receive His forgiveness, our hearts are more prepared to forgive others as well.

1 John 1:9 NIV If we confess our sins, He is faithful and just and will forgive us our sins and purify us from all unrighteousness.

Ask God to check your heart and life and show you areas where you might need to ask for forgiveness from Him. Then, it's your turn to forgive those who have offended you. We can even choose to forgive people in advance. Ask God to forgive you and to help you forgive others.

PRAYER:

God, thank you so much for offering me the gift of forgiveness. Show me any areas in my life that I need to bring before you in order to receive forgiveness and healing. I confess that I have been struggling with sin (talk to God about any areas of sin in your life), and I know that you want me to be clean again. Please forgive me for my sin. Thank you for showing me unfailing grace. As you have so freely forgiven me, I also want to freely forgive others. Please help me let go of all of my offenses. I release to you those who have hurt me, and I trust you to handle those situations according to your perfect will. Amen.

“And do not lead us into temptation, but deliver us from the evil one”

ENGAGE IN SPIRITUAL WARFARE

Spiritual warfare can seem difficult to understand, but the Bible makes it very clear that we have an enemy who is trying to steal from us, kill us, and destroy us. As we pray, we take our stand against the enemy and fight from a place of victory through Jesus as we're empowered by His Holy Spirit. There is power in God's Word, and every lie the enemy has told us can be replaced with God's truth.

Ephesians 6:12 NIV For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.

By recognizing that the enemy wants to destroy you, you can shed light on his lies and claim God's truth over your life. Ask God to show you any lies you're believing or areas of warfare happening in your life. Ask Him to expose the enemy and to help you understand and receive His truth. Simply speaking the name of Jesus has great power in the spiritual realm. The Bible tells us in James 4:7 that if we resist the devil, he will flee from us. Through prayer, we can resist him and walk forward in freedom.

PRAYER:

God, I recognize that my struggles today aren't against the people or circumstances around me, but against the enemy. Please help me to see how the enemy is lying to me. Help me to recognize his lies, take them captive, and make all of my thoughts obedient to the truth of your Word (list out any specific areas God shows you where you have believed a lie that needs to be replaced with his Truth). While the enemy wants to destroy me, I know that you came to give me life to the fullest. I speak the name of Jesus over my life and declare that no weapon formed against me will prosper. I don't have to fear the enemy because the One who is in me is greater than the one who is in the world. In Jesus' name, Amen.

“For yours is the Kingdom and the power and the glory forever.”

EXPRESS FAITH IN GOD’S ABILITY

God is more than able to move in every situation, and ending our prayer time claiming His authority and power focuses our minds on the truth and hope of who He is and what He can do.

Jeremiah 32:17 NIV Ah, Sovereign LORD, you have made the heavens and the earth by Your great power and outstretched arm. Nothing is too hard for You.

Remind yourself of God’s limitless power and then return to praising Him and declaring your faith in Him:

“Yours is the Kingdom” – all authority belongs to You

“Yours is the Power” – all mightiness flows from You

“Yours is the Glory” – Your victory will be complete

PRAYER:

Father God, nothing is too hard for you! Through your great power, all things are possible. All authority is yours, all might is yours, and I know that your victory will be complete. You are amazing and I worship you. I praise you for your power and presence in my life. You are my God and you are worthy of all praise.

DAILY PRAYER FOCUS

DAY 1: PRAY FOR SALVATION FOR THOSE WHO DO NOT KNOW JESUS **Monday, January 8**

God desires everyone to know Him. He says in His Word that He would leave the 99 to go after the one who doesn't know Him. As followers of Christ, we are called to partner with Him praying for those who don't know Him to come to know Him.

ASK THE FATHER TO DRAW THEM TO JESUS

God draws people to Him. It's not something we can make happen out of our own efforts, so we need to be faithful in praying that the Father would draw those He's placed on our hearts to Jesus.

John 6:44 KJV No one can come to me unless the Father who sent me draws them...

Think about the people you know who are far from God. Let your heart be open to God and anyone He may bring to your mind. It may help to write down their names as you focus on praying for them.

PRAYER:

Father, I pray for the people around me (list specific names), that you would supernaturally draw their hearts to you. Send your Holy Spirit to them, and give them the desire to give their lives to you. Help them to recognize their longing for more in life as a spiritual thirst only you can quench. Open their ears to hear your voice. Amen.

BIND THE SPIRIT THAT BLINDS THEIR MINDS

The truth can be right in front of some people, and they still can't see it because something is in the way blocking their view of God.

2 Corinthians 4:4 NIV The god of this age has blinded the minds of unbelievers, so that they cannot see the light of the gospel that displays the glory of Christ, who is the image of God.

We can pray against whatever is in their way so that they can see the light of God. We can pray that they would see the truth without any obstacles or distractions interfering.

PRAYER:

Father, bind the evil spirits that are blinding the minds of the people around me. In the name of Jesus, I pray that they would be able to see clearly, to recognize who you are and to give their hearts to you. Remove all hindrances the enemy would use to distract them from your truth. Open their eyes, Lord, that they might see Jesus. Amen.

PRAY THAT THEY MAY HAVE A PERSONAL RELATIONSHIP WITH GOD

Many people think Christianity is just another religion. They only see God through the lens of the organization and institution of the church. They may even feel angry, hurt, or betrayed by people in churches they have encountered or by religious legalists and their hypocrisy. But God didn't come to build an organization, He came to have a relationship with His children.

Romans 8:15 NIV The Spirit you received does not make you slaves, so that you live in fear again; rather, the Spirit you received brought about your adoption to sonship. And by him we cry, "Abba, Father."

God wants His beloved sons and daughters to come home. Praying for people to have personal encounters with the living God makes a huge difference.

PRAYER:

Father, I pray that people will understand how much you love them. Stir in their hearts a longing to come home, to hear your voice, and to see you welcoming them with open arms. Let them know you are always running to meet them and hold them close.

PRAY FOR BELIEVERS TO CROSS THEIR PATHS

This is twofold: we can pray for other Christians to influence the people around them positively, and we can also look for opportunities to influence others positively ourselves. God's plan to reach people is worked through those who already know and love Him. Jesus asked us to pray for people to go into the world to be salt and light. He came to bring the good news of the Gospel to all people, and His desire is that everyone would know and love Him.

Matthew 9:38 NIV Ask the Lord of the harvest, therefore, to send out workers into his harvest field.

As His "spiritual farmers," we should be attuned to opportunities to plant spiritual seeds in the lives of the people we encounter each day. We may have no idea who has already been praying for them and the culminating impact our kind word, compassionate act, or loving attitude can have to draw someone to Christ.

PRAYER:

Father, I pray for the lost around me to meet believers who will influence them in a positive way. Lord, let my life shine in such a way that people want to know the God I serve. Allow others to see my genuine love and concern for them in all that I say and do. Let me be your hands and feet to serve them and let them know just how much you love them. Amen.

RELEASE THE SPIRIT OF WISDOM AND REVELATION ON THEM, SO THEY MAY KNOW GOD BETTER

It's that "eureka" moment, that "aha!" when it finally clicks. The most important moment to have this kind of revelation is when the lights come on spiritually. People need to see their own sin, see what Jesus did on the cross, and see the hope that comes from giving their life to God.

Ephesians 1:17 NIV I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know him better.

People need wisdom, not just knowledge, of spiritual things and insight into how spiritual realities directly impact them. We can pray for this kind of supernatural revelation that only comes from God.

PRAYER:

Father, I pray for the people around me to experience the Spirit of wisdom and revelation. I pray that they would truly understand their spiritual condition and see what Jesus did for them on the cross. Help them to have the information and experiences needed to come to you, so they can understand all you have for them. Amen

DAY 2: PRAY FOR MARRIAGES AND FAMILIES

Tuesday, January 9

God created marriage, and His design for it is good. In marriage, just as in any human relationship, we have to work to love well. We can't do this successfully in our own power. We need God, who is love Himself, to give us Holy Spirit and to guide us in marriage. Marriage is a picture of Jesus Christ and His bride, the Church. As Christian husbands and wives, we have the high honor to represent the love and commitment Christ has for the Church through our love and commitment to each other.

Ephesians 5:25–30 ESV Husbands, love your wives, as Christ loved the church and gave Himself up for her, that He might sanctify her, having cleansed her by the washing of water with the Word, so that He might present the church to Himself in splendor, without spot or wrinkle or any such thing, that she might be holy and without blemish. In the same way, husbands should love their wives as their own bodies. He who loves his wife loves himself. For no one ever hated his own flesh, but nourishes and cherishes it, just as Christ does the church.

PRAY FOR YOUR MARRIAGE OR FUTURE MARRIAGE

Thank God for your marriage. Start by asking Him to help you be the best spouse you can be. Ask Him to help you love well and to see your spouse as He sees them. Then, pray for your marriage, asking God to use your marriage to impact the world for Him. Ask Him for protection physically, spiritually, and emotionally. Pray for unity in your marriage and wisdom from Him about how to live your lives as one. Bring to Him anything in your marriage that concerns you, and trust Him to work on your behalf.

PRAYER:

Thank you, God, for loving us, and for creating marriage to be an illustration of your love for us here on earth. Help me, God, to love my spouse (call them by name) the way you love me. Help me to listen to my spouse, give honor, and put my spouse before myself. Protect us physically, mentally, emotionally, and spiritually. We ask you to build greater unity between us, make us stronger as a couple, more devoted to one another and to you. Use us God, build us up to be an example of what godly marriage can look like. Use us together to do more than we could ever do apart. We ask for greater influence and more impact on the people around us. We ask you to work through us in the lives of our friends, family, and even those far away. Fill us with your Holy Spirit and move through us to bring those far from you closer, so that they can have an encounter with the living God who seeks and saves the lost and who sets us free and gives us purpose. We choose as a couple to love you first, God. We put our relationship with you before anything and everything else. We confess our need for you. Thank you for bringing us together. We choose to love one another today and every day. Thank you for our marriage. We ask you to bless it, build it, and be present in it always. In Jesus' name, Amen.

PRAY FOR YOUR FRIENDS' MARRIAGES AND MARRIAGES IN THE CHURCH

PRAY FOR MARRIAGES THAT ARE STRUGGLING

PRAY FOR YOUR FAMILY

Spouse
Parents
Siblings
Children
Extended Family

PRAY FOR GENERATIONAL BONDAGE TO BE BROKEN

Based on Exodus 20:4–6, 34:7, Numbers 14:18, 2 Corinthians 5:17, Romans 8:1, 12:1

Generational bondage is sin that can be passed down from generation to generation. Whether it's pride, addiction, divorce, abandonment, sexual sin, or something else, through spiritual warfare, you can claim the power of Jesus to stop the sin with your generation not passing it on to anyone else in your family.

Exodus 20:4–6 NIV You shall not make for yourself an image in the form of anything in heaven above or on earth beneath or in the waters below. You shall not bow down to them or worship them; for I, the Lord your God, am a jealous God, punishing the children for the sin of the parents to the third and fourth generation of those who hate me, but showing love to a thousand generations of those who love me and keep my commandments.

Recognize the generational bondage that might be in your life and bring it before God. Ask for His power to defeat the sin that has affected generations of your family. Ask for it to stop right now, with you, and rebuke any sin or anything that tries to pull you away from your relationship with Christ. Pray for protection, healing, and a new path for you and your family.

PRAYER:

Father God, I understand that I have inherited certain consequences from my family, and in the name of the Lord Jesus Christ, I proclaim your power to break any hold of mental or physical illness, pride, addiction, and anything else on me and my family that are a result of sin being passed down through parents, grandparents, or other family members (if specifics come to mind, talk to God about it). I proclaim that all generational sin ends here and now and that I will not pass these on to anyone in my family. Thank you, Lord, for setting me free and making a new way for me and my family.

DAY 3: PRAY FOR THE NEXT GENERATION

Wednesday, January 10

SALVATIONS

Acts 4:12 KJV Salvation is found in no one else, for there is no other name under heaven given to mankind by which we must be saved.

PRAYER:

Jesus, I thank you for the gift of salvation. I pray for the next generation and that they will be a generation on fire for you. I pray that they will put their faith in you and go all in. I pray that as they do so, you would give them the courage to live it out unashamed. That they would be a generation who does not care about what others think, but would be okay going against the grain of culture and stand firm in their faith. Put the right people in place to be an impact to them and lead them to you. I pray for an openness to your Holy Spirit to be Spirit-filled and Spirit-led in all aspects of their lives. Amen.

IDENTITY

1 Peter 2:9 NIV But you are a chosen people, a royal priesthood, a holy nation, God's special possession, that you may declare the praises of him who called you out of darkness into his wonderful light.

PRAYER:

Father, I pray the next generation would confidently walk in the identity you have given them. Help them to drown out what the culture would say about them and instead tune into your truth. It is so easy for kids and students to get wrapped up in what the culture says vs what you say, and I'm asking that you give them boldness to stand in their identity when the enemy tries to convince them otherwise because of sin and past mistakes. I pray that they wouldn't walk around carrying guilt and shame, but instead the truth of your Word that is buried in their hearts, and that they would walk by the power of the Holy Spirit. Help them to be so confident in who you say they are that it makes others question their joy and peace and ultimately lead them to Jesus because of the boldness and confidence this generation has in you. In Jesus' name, Amen.

DESIRE FOR THE THINGS OF GOD

Colossians 3:1–2 NIV Since, then, you have been raised with Christ, set your hearts on things above, where Christ is, seated at the right hand of God. Set your minds on things above, not on earthly things.

PRAYER:

God, there are so many wants and desires that the world will tell people they should have, but I ask that the next generation would be so focused on you that the things they desire would align with your heart. I pray that they would have a desire to read the Bible daily and to grow their knowledge and understanding of who you are. I pray that they would understand and have a strong desire for prayer because they desire to connect with you daily. I pray for a strong desire for your Church, that they would want to be a part of service and serve your house faithfully. Increase the desire in the next generation for more of you and things that are going to build their faith and grow them spiritually. Thank you, for how you are going to move through this next generation in the days ahead. Amen.

FRIENDSHIPS

Ecclesiastes 4:9–10 NIV Two are better than one because they have a good return for their labor: If either of them falls down, one can help the other up. But pity anyone who falls and has no one to help them up.

1 Corinthians 15:33 NIV Do not be misled: "Bad company corrupts good character."

PRAYER:

Lord, I ask that you show the next generation the importance of choosing the right friends. I know that friends impact us whether good or bad, so would You help them to discern what friends to choose and which relationships to invest in. I pray for guidance in friendships, that you would give wisdom to the next generation on how to have healthy relationships. I pray they would focus on the quality of their friendships rather than the quantity. Help their friendships to model Ecclesiastes 4:9–10, that they would be there for each other in times of need to pray together and walk through tough seasons together because they decided to invest in healthy friendships. In those relationships help each kid and student to love their neighbor as themselves. Thank you for friendships, and I pray that they would build lasting and impactful godly friendships, in Jesus' name, Amen.

DAY 4: PRAY FOR LEADERS AND DEVELOPMENT OF GODLY LEADERS

Thursday, January 11

1 Timothy 2:1–4 NIV I urge, then, first of all, that requests, prayers, intercession and thanksgiving be made for everyone—for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness. This is good, and pleases God our Savior, who wants all men to be saved and to come to a knowledge of the truth.

PRAY FOR THOSE IN AUTHORITY IN THE CHURCH

Pastors
Leaders
Student and Kids Leaders
Group Leaders

PRAYER:

Lord, I thank you for the leadership of this house—from the group leaders to the pastors. I pray that as they continue to serve you faithfully you would fill them with wisdom. I pray specifically for our leaders and group leaders that you would guide them through conversations, that as they are leading people they would be guided by your Holy Spirit to encourage and speak life into their lives. I pray for our pastors that you would protect them from the attacks of the enemy, and that they would have clear vision from you as they make decisions and pastor our church. Lord, I ask that you would continue to strengthen the leadership of this house, in Jesus' name, Amen.

PRAY FOR THOSE IN AUTHORITY IN THE GOVERNMENT

President
National Leaders
State Leaders
City Leaders
Military Leaders

PRAYER:

God I acknowledge the weighty responsibility that these leaders experience. I realize that sometimes it might even feel like a burden because it is so heavy. I'm asking that you remove stress, false expectations, and cultural burdens from their lives. Give them a clear vision, a true picture from you, on how they should best lead this country, states, cities, and teams. I ask that you would give them wisdom and that the right people would be put in place to lean on and help them lead and make the right decisions. Even though it can be hard at times I pray that you would help me to honor these leaders, put my personal feelings aside, and truly pray and seek you in that their leadership decisions and motives would be from you.

PRAY FOR THOSE IN AUTHORITY IN SCHOOLS

School Board Members

School Administrators

Teachers

PRAYER:

Jesus thank you for those that are in the school system that take the time to teach kids and lead those schools. I pray for overwhelming peace and patience for all of those leaders. The time that they take to lead/teach our kids is significant, and so I ask that you would give all of the teachers the boldness they need to teach and lead kids in our community. I pray that the thoughts and ideas that the board members and administrators have would be from you, and that the teachers would teach and lead in such a way that would leave a lasting impact on kids, in Jesus' name, Amen.

PRAY FOR THOSE IN AUTHORITY IN WORKPLACES

Employers

Supervisors

PRAYER:

Father, I ask that you work and move in my boss's life. Give them clarity and wisdom as they navigate the complexities of their job. Instill in them compassion, gentleness, and fairness as they have to have hard conversations and interact with employees and their bosses. Help them to have a humble heart to be open to new ideas and problems that I might encounter with situations or other people. I thank you for my boss and the opportunity that they have given me to work with and for them. I pray that you would bless them and continue to strengthen their leadership.

DAY 5: PRAY FOR ALIVE CHURCH

Friday, January 12

Today, pray through our identity statement, that as Alive Church family we would be:

SPIRIT-FILLED AND SPIRIT-LED

Romans 8:14–15 NIV For all who are led by the Spirit of God are children of God. So you have not received a spirit that makes you fearful slaves. Instead, you received God’s Spirit when he adopted you as his own children.

PRAYER:

God, we thank you for the gift of Holy Spirit. We desire to be a people who hear your word and respond with faith and obedience. We seek you today to lead us in your truth and in your way. May we be people who choose to follow Jesus no matter what is happening around us.

A PRAYING COMMUNITY

Philippians 4:6 ESV Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.

Matthew 18:19–20 KJV ...truly I tell you that if two of you on earth agree about anything they ask for, it will be done for them by my Father in heaven. For where two or three gather in my name, there am I with them.

PRAYER:

Lord help us to seek you first in everything that we do. We pray for an increased desire to pray. I pray that today, members of Alive Church would start their day seeking you in prayer and we would experience your power, boldness, and freedom as we do. I pray that we would be bold to pray for those around us today. As we seek you, God, we thank you that your promise is that you hear us and you will respond.

GROWING AS DISCIPLES OF JESUS

Matthew 16:24 NIV Then Jesus said to his disciples, “If any of you wants to be my follower, you must turn from your selfish ways, take up your cross, and follow me.”

PRAYER:

Jesus we ask you to lead each and every one of us as we seek to follow you. Teach us your trust and give us boldness to follow you in everything. We pray for your truth to be the truth we live our lives by and that we would put aside anything that holds us back from following you.

BECOMING EMOTIONALLY AND SPIRITUALLY WHOLE

Romans 12:2 NIV Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

1 Thessalonians 5:23–24 NLT Now may the God of peace make you holy in every way, and may your whole spirit and soul and body be kept blameless until our Lord Jesus Christ comes again. God will make this happen, for he who calls you is faithful.

PRAYER:

Lord, we thank you for your promise to make us whole. We seek you today to transform our minds by your word and your truth. We pray that we would find wholeness and healing in you. We pray for depression, anxiety, and fear to be broken in Jesus' name. We pray for hurts to be healed by your love. We thank you for your love for us that we don't become whole in our own strength, but that we experience the fruit of the Spirit in our lives through the power of the Holy Spirit. Thank You that love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control overflows in each one of us.

DEVELOPING LEADERS

2 Timothy 3:16–17 NLT All Scripture is inspired by God and is useful to teach us what is true and to make us realize what is wrong in our lives. It corrects us when we are wrong and teaches us to do what is right. God uses it to prepare and equip his people to do every good work.

PRAYER:

God, we ask you to raise up healthy, godly leaders in Alive Church. We ask You to put a leadership desire in the hearts of your people, and that you would create an environment where we can grow in godly leadership. Thank you for mentors and leaders who train the next generation of leaders. We pray for bold leaders to impact our church, our cities, and the world.

SERVING THOSE IN NEED

1 Peter 4:10 NLT God has given each of you a gift from his great variety of spiritual gifts. Use them well to serve one another.

Proverbs 14:21 NIV It is a sin to despise one's neighbor, but blessed is the one who is kind to the needy.

PRAYER:

Lord, help us to see people around us who need You, and give us the desire and the resources to meet their needs. We pray that Alive Church would be known as a place for people to find help and hope. Jesus, please lead each one of us to use the gifts you have given us not for ourselves, but to serve those around us.

ALL FOR THE GLORY OF GOD

1 Corinthians 10:31 ESV So whether you eat or drink or whatever you do, do it all for the glory of God.

Matthew 5:16 NIV In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.

PRAYER:

Father our desire is to worship and glorify You in everything we do. We pray that the way we love, serve, lead, speak, and act would bring honor to your name. We pray that people would see our actions and they would see you. We pray that everything we do would point people to Jesus, and encourage them to put their hope and trust in you.

**DAY 6: PRAY FOR MISSIONARIES, GLOBAL MISSIONS PARTNERS,
LOCAL OUTREACH, & ALIVE DREAM CENTER
Saturday, January 13**

Matthew 10:7–8 NIV As you go, proclaim this message: “The kingdom of heaven has come near.” Heal the sick, raise the dead, cleanse those who have leprosy, drive out demons. Freely you have received; freely give.

LOCAL OUTREACH

Alive Dream Center
God Behind Bars Campus at St. Brides Correctional
Meals on Wheels
American Red Cross Blood Drives
Thrive Nation
Crisis Pregnancy Agency
The Up Center
Coalition Against Poverty in Suffolk (CAPS)
Parkway School Food Pantry
Portsmouth Social Services Food Pantry
Western Tidewater Food Bank
Food Bank of Southeastern Virginia
Roc Solid Foundation

GLOBAL OUTREACH

Alive Church Philippines

5 locations of Alive Church in metro Manila led by Pastors Ram and Grace Mercado.

Convoy Of Hope

Convoy of Hope is a faith-based, nonprofit organization with a driving passion to feed the world through children’s feeding initiatives, community outreach, and disaster response.

One Child

One Child’s mission is to advocate for children in hard places and provide holistic care so they can thrive, have hope, and know God.

God Behind Bars

Alive Church partners with God Behind Bars to transform the lives of prison inmates and their families with a unique three-step approach that focuses on physical, spiritual, and relational needs.

Orphan Helpers: Orphan Helpers help with orphanage outreach, education, evangelism, and developing leaders.

Oasis International: Oasis International's mission is to love and care for those seeking refuge from a war-torn country with the heart of Jesus.

TEKOA/Jason & Kristyna Schuring: Serving unreached people groups in Brazil. Providing clean water through well drilling for indigenous groups in the jungle of Brazil.

PRAYER:

Lord, we thank you for the opportunity to be able to partner with these local and global organizations as a church. I pray that you would help equip each and every organization with the things they need to serve and impact the community and world. Use these organizations to bring glory to your name. Thank you for the leaders and missionaries who give their lives to serve others. We pray you give them wisdom and endurance for the work you have called them to. We pray that through these organizations people would be impacted and come to know you, helping them to experience a life fully alive. God, I thank you in advance for all that you are going to continue to do in the days ahead, in Jesus' name, amen.

DAY 7: PRAISE ALL DAY
Sunday, January 14

Psalm 100:4 NIV Enter his gates with thanksgiving and his courts with praise; give thanks to him and praise his name.

Psalm 103:2–5 NIV Praise the LORD, my soul, and forget not all his benefits—who forgives all your sins and heals all your diseases, who redeems your life from the pit and crowns you with love and compassion, who satisfies your desires with good things so that your youth is renewed like the eagle's.

1 Thessalonians 5:16–18 NIV Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus.

Praise God for all He has done this past week, and thank Him prophetically for the things you are praying to happen in the days ahead. Today, make a gratitude list—find 50 things to thank God for today.

Praise God through prayer & journaling, worship, and serving Him.