



PRAYER & FASTING

Do everything you can to be a part of our
10 Days of Prayer and Fasting.

There are 3 types of fasts you can choose from:

- 1. Liquid only**
- 2. Fruits, vegetables, and nuts**
- 3. No meat, no sweets, and no caffeine**

During this time, we also encourage you to limit all forms of media, including going without when possible.

We will also have prayer meetings weekdays at
6:33AM and 6:33PM.

Why 6:33? Matthew 6:33 says, "Seek first the kingdom of God above all else".

Let's be a people who carry a **non-anxious presence** to an anxious world and see more people than ever **live fully alive.**

